

ALLERGY MATRIX CHART



GO! THIS DISH IS SUITABLE FOR YOU



CAUTION! LET US KNOW YOUR DIETARY, WE WILL AMMEND THE DISH TO SUIT



STOP! THIS DISH IS NOT SUITABLE FOR YOU

SMALL PLATE/STARTERS

	GLUTEN FREE	DAIRY FREE	VEGETARIAN	VEGAN	ONION&GARLIC	NUTS	SEASAME	EGG
CORN ON THE CO	TRACE ONLY	Yellow	Green	Yellow	Yellow	Green	Green	Yellow
PICKLED VEG	Green	Green	Green	Green	Red	Green	Green	Green
GUACAMOLE	Green	Green	Green	Green	Red	Green	Green	Green
TOTOPOS	Green	Green	Green	Green	Green	Green	Green	Green
SOPA DE TORTILLA	TRACE ONLY	Yellow	Red	Red	Red	Green	Red	Green
CEVICHE	TRACE ONLY	Green	Red	Red	Yellow	Green	Green	Green
COSTRA	Green	Red	Red	Red	Red	Green	Yellow	Yellow
STUFFED JALAPENOS	Red	Red	Green	Red	Red	Green	Yellow	Red
LAMB CUTLETS	Green	Green	Red	Red	Green	Green	Yellow	Green
RIBS	Green	Green	Red	Red	Red	Green	Yellow	Green
TOSTADITAS	TRACE ONLY	Yellow	Red	Red	Yellow	Green	Green	Green
PUMPKIN NACHOS	Green	Red	Green	Red	Red	Green	Red	Green

PLATOS GRANDES

PORK BELLY AL PASTOR	Green	Green	Red	Red	Red	Green	Green	Green
POLLO VERDE	Green	Yellow	Red	Red	Red	Green	Green	Green
ENCHILADA	TRACE ONLY	Yellow	Red	Red	Red	Green	Green	Green
ROAST CHICKEN	Green	Green	Red	Red	Red	Green	Green	Green
ROAST PUMPKIN	TRACE ONLY	Yellow	Green	Yellow	Red	Green	Red	Green
GREEN RICE	Green	Red	Green	Red	Red	Green	Green	Green

ENSALADAS

SLAW	Green	Green	Green	Yellow	Yellow	Green	Green	Yellow
JICAMA	Green	Green	Green	Green	Green	Green	Green	Green
CORN SALAD	Green	Red	Green	Red	Red	Green	Red	Green
FRIJOLE MEXICANO	Green	Yellow	Green	Yellow	Red	Green	Green	Green
POTATOES	Green	Green	Green	Yellow	Yellow	Green	Yellow	Yellow

AL LADO

JALAPENO PICKLES	Green	Green	Green	Green	Red	Green	Green	Green
TORTILLAS & CORN CHIPS	Green	Green	Green	Green	Green	Green	Green	Green
GREEN RICE	Green	Red	Green	Red	Red	Green	Green	Green

DESSERTS

CAJETA SUNDAE	Green	Red	Green	Red	Green	Green	Green	Green
PECAN TART	Red	Red	Green	Red	Green	Red	Green	Red
CHOC MOUSSE TART	Red	Red	Green	Red	Green	Green	Green	Red
STRAWBERRIES	Green	Yellow	Green	Red	Green	Green	Green	Red

TAQUERIA

PORK BELLY TACO	TRACE ONLY	Yellow	Red	Red	Red	Green	Yellow	Green
BEEF TACO	Green	Yellow	Red	Red	Red	Green	Yellow	Green
LAMB TACO	Green	Yellow	Red	Red	Red	Green	Red	Green
PULLED PORK TACO	Green	Green	Red	Red	Red	Green	Green	Green
CHICKEN TACO	Green	Green	Red	Red	Red	Green	Green	Green
BAJA TACO	Red	Green	Red	Red	Yellow	Green	Green	Yellow
GRILLED FISH TACO	Green	Green	Red	Red	Yellow	Green	Yellow	Green
TOFU TACO	TRACE ONLY	Green	Green	Green	Yellow	Green	Yellow	Green
MUSHROOM TACO	Green	Yellow	Green	Yellow	Red	Green	Green	Green
PUMPKIN TACO	Green	Yellow	Green	Yellow	Red	Green	Red	Green
BEAN TACO	Green	Green	Green	Green	Red	Green	Green	Green
PRAWN TACO	Green	Yellow	Red	Red	Yellow	Green	Green	Yellow
SCALLOP TACO	TRACE ONLY	Yellow	Red	Red	Yellow	Green	Green	Green
CHORIZO QUESADILLA	Green	Red	Red	Red	Red	Green	Green	Green
PORK QUESADILLA	Green	Red	Red	Red	Red	Green	Green	Green
CACTUS QUESADILLA	Green	Red	Green	Red	Red	Green	Green	Green
TACO BOWL	Green	Yellow	Yellow	Yellow	Red	Green	Yellow	Yellow

CHILAQUILES

BEEF CHILAS	TRACE ONLY	Yellow	Red	Red	Red	Green	Green	Green
GREEN CHILAS	Green	Yellow	Red	Red	Red	Green	Green	Green
HOT CHILAS	Green	Yellow	Green	Yellow	Red	Green	Red	Green
RED CHILAS	Green	Yellow	Green	Yellow	Red	Green	Green	Green

SALSAS

GUACAMOLE	Green	Green	Green	Green	Red	Green	Green	Green
PICO DE GALLO	Green	Green	Green	Green	Red	Green	Green	Green
GUAJILLO	Green	Green	Green	Green	Green	Green	Red	Green
TOMATILLO	Green	Green	Green	Green	Red	Green	Green	Green
ARBOL	Green	Green	Green	Green	Red	Green	Red	Green
RANCHERA	Green	Green	Green	Green	Red	Green	Green	Green
CHIPOTLE	Green	Green	Green	Green	Red	Green	Green	Green
HABANERO/EXTRA	Green	Green	Green	Green	Red	Green	Green	Green
CREMA	Green	Red	Green	Red	Green	Green	Green	Green
MAYO	Green	Green	Green	Red	Red	Green	Green	Red



GLUTEN FREE 'TRACE ONLY' ITEMS DO NOT CONTAIN GLUTEN IN THEIR INGREDIENTS, BUT HAVE AT LEAST ONE COMPONENT WHICH HAS BEEN COOKED ON THE SAME COOKING SURFACE OR IN THE SAME OIL AS A GLUTEN CONTAINING ITEM.



IF YOU HAVE AN EXTREME SENSITIVITY WHICH MAY RESULT IN ANAPHYLAXIS, PLEASE ENSURE YOU HAVE AN EPIPEN WITH YOU WHEN DINING AT RADIO MEXICO.



PLEASE NOTE WHILST WE TAKE GREAT CARE, TRACE GLUTEN, NUTS AND SEEDS MAY BE PRESENT IN OUR FOOD.



OUR KITCHEN SET UP DOES NOT PERMIT US TO SEPARATE THE COOKING LOCATION OF VARIOUS INGREDIENTS EG. SHELLFISH, VEGETABLES AND MEATS ARE COOKED ON THE SAME GRILL.